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## Changing Seasons....

Each bud on a tree is the beginning of a new leaf. The sun warms the bud and the new leaf begins to grow. As the leaf grows it starts to make its own food.

Each leaf is like a tiny food factory. The leaf uses sunlight, things in the air, water and a green matter called Chlorophyll.

Did you know that green is not the only color of a leaf. The green Chlorophyll covers up the other colors so we can see only green leaves.

The timing of color change

and leaf fall are primarily regulated by the calendar, that is, the increasing length of night. None of the other environmental influences—



during autumn. With less and less sunlight the leaf no longer can make food and begins to die.

The Chlorophyll breaks down and the green color begins to disappear, only to reveal even more beauty from within.

All the hidden colors — the reds, yellows, oranges, and browns can now be seen!

If there is anything we can count on, it is that just like the changing of the seasons, changes in our lives will come.

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## Craft Corner

### Cactus Table Favors

\* Styrofoam Egg \* Craft Wire \* Tissue Paper \* Raffia \* Tacky Glue \* Green & Terracotta Paint \* Brush \* Scissors \* Sand \* Small Paper Cup

#### Instructions:

Paint Styrofoam egg green & small paper cup terracotta. Let dry. Fill the

painted paper cup 2/3 way with sand. Mix in some tacky glue. Press the small end of the painted egg into the sand. Cut pieces of craft wire & push into the Styrofoam. Cut tissue paper into 2" x 4" pieces. Stack 4 pieces in different colors. Accordion fold back and forth in 3/8" folds so you have a 3/8" bunch. Cut

ends rounded. Cut a piece of craft wire & fold it in half. Pinch together middle of tissue bunch & twist the wire tightly around it. Fan out the folds of tissue. Gently pull sheets apart starting at the top & shaping the flower as you go. Push the craft wire into the top of the cactus to hold bloom in place.

# Kids Summer Fun—Beach in a Bag



DTT's Summer Theme "Under The Sea."

Beach in a Bag teaches children about the beach and its inhabitants using most of their sense; can also serve to refresh children in a stressful situation or as an imaginary field trip during a summer program.

### WHAT YOU NEED:

- ◆ Ziploc bag for each child
- ◆ Sand
- ◆ Shaving cream
- ◆ Blue food coloring
- ◆ Seashells
- ◆ Small plastic crabs, fish, seagulls, or any other

beach inhabitants

### WHAT TO DO:

1. Allow each child to pour enough sand (but not too much) to cover the bottom of the Ziploc bag.
2. Add seashells and beach inhabitants so that they can be seen from the outside of the bag.
3. Squirt some shaving cream into the bag.
4. Add a few drops of food coloring.
5. Close the bag.
6. Allow the children to rub their fingers over the out-

side of the bag to mix the food coloring and shaving cream to create foamy waves.

7. The bag can then be reopened to add fish and other sea creatures into the "water" if desired. I would suggest sealing the bag with blue or clear packing tape so the children cannot get into the shaving cream.
8. You can use gummy sea creatures to get taste in there, too!

### CHOKING SYMPTOMS

- ◆ Coughing
- ◆ Gagging
- ◆ Wheezing
- ◆ Hand Signals-Panic (Pointing to Throat)
- ◆ Inability to talk
- ◆ Clutching Throat
- ◆ Passing Out
- ◆ Turning Blue

## Health & Safety - BE ALERT!

By: LaWanna Bellerive, DDD Quality Assurance Officer

CHOKING is a blockage of the upper airway by food or other objects that prevents a person from breathing effectively. Choking can cause a simple coughing episode or may completely block the airway resulting in death. It is imperative that caregivers are able to recog-

nize the signs of choking so appropriate emergency actions can be taken.

### ACTIONS TO TAKE:

Choking is a medical emergency. Fast and appropriate life saving actions by caregivers is necessary to save a choking person's life. Caregivers need to be prepared

to help.

Be up-to-date with life-saving choking treatment methods and CPR training. Instruct someone to call 9-1-1 Emergency Medical Services (DO NOT LEAVE CHOKING VICTIM). Immediately begin life-saving treatment.



Universal sign for choking

#ADAM

Juan Celebrates



## Birthday Celebrations!

### JULY BIRTHDAYS:

- \* Donna 7/3
- \* Elizabeth 7/11
- \* Ashley 7/25
- \* Manny 7/31

### AUG. BIRTHDAYS:

- \* Tina 8/9
- \* Erica 8/15
- \* Hayden 8/24
- \* Juan 8/27
- \* Nicola 8/30

### SEPT. BIRTHDAYS:

- \* Steven 9/13
- \* Brian M. 9/18
- \* Janice 9/24

# 3rd Quarter Activities

## DTA- Adults & Seniors

Dining out included some of the old and new. We visited our favorites Old Country Buffet and Sweet Tomatoes, and tantalized our taste buds at the new Zen Buffet.

Staying out of the hot Phoenix sun we engaged in Mall walks and visited cool places like the Glendale Library.



### SPECIAL GUESTS included:

- Poarch Family from Indonesia
- Peter Kushung from India
- Kathy Hersey & dog
- Tina Rydberg, dog & Tortoise

## DTS- Children Summer

Along with our fun Brunswick bowling and Harkins Movie days, we had a field trip to Pets-Mark and visited the Rio Vista Water Park.

DTT-Children After-School program kicked off in September with a Pizza Party and a field trip to Cabellas.



We give Thanks & Praise everyday for our dedicated Volunteers: Kelsey Dunkin (above), Jennifer Roark, & Kathy Rumpeltes

## Accepting New Client Applications Now!

# Changing Seasons....

....Continued from page 1

As the changing of seasons brings forth the death of the leaf, so our life can bring forth experiences which make us feel like we are going to die. Persecutions, temptations, rejection, loss of loved ones, abuse, abandonment, and the list goes on.

Through the Lord's mercies, we are not consumed be-

cause His compassions fail not. They are new every morning.-Lam. 3:23 And much like the beauty that is revealed as the leaf begins to die, He gives beauty for ashes. -Isaiah 61:1-3

When we feel like life is set out to consume us, to destroy us, and to defeat us, know that the Lord can give us a

new start, a new hope, He can give us beauty for ashes when we put our trust in the Him. So if you find yourself sensing the end of something in your life, and you are afraid or nervous, just place your hope in the Lord and see what He has for you in the morning.

“He gives beauty for ashes, Strength for fear, Gladness for mourning, Peace for despair.” - Crystal Lewis

# DTA Recipe Corner - Chicken Tortilla Soup

### Ingredients:

- 4 boneless, skinless chicken thighs
- 2 cans (15oz.) diced tomatoes
- 1 can (4oz.) chopped mild green chilies drained
- 1/2 to 1 cup chicken broth
- 1 yellow onion, diced
- 2 cloves garlic, minced
- 1 tsp. ground cumin
- Salt & pepper, to taste

- 4 corn tortillas, sliced into 1/4 inch strips
- 2 tbsp. chopped cilantro
- 1/2 cup shredded cheese
- 1 Avocado, peeled, diced

1. Place chicken in Crock-Pot slow cooker. Combine tomatoes with juice, chilies, 1/2 cup broth, onion, garlic and cumin in small bowl. Pour mixture over

- chicken.
2. Cover, cook on LOW 6 hours or on HIGH 3 hours. Remove chicken, shred with 2 forks, return to pot. Add salt and pepper to taste.
3. Just before serving, add tortillas and cilantro, stir to blend. Serve in soup bowls, topping with cheese, avocado and a squeeze of lime juice.



## Developmental Enrichment Centers

P.O. Box 11856

Glendale, AZ 85318

*...a community of friendship and acceptance...*

[www.dec-az.org](http://www.dec-az.org)



We want to thank everyone for making our first annual Wild Wild West Fundraiser Dinner Event such a success.

Not only was this an extraordinary community building event, but we were able to raise approximately \$1,500 to go toward the purchase of our newly acquired wheelchair van.

### WHAT'S NEW!

Our next Fundraising project will include raising funds for a 14 passenger vehicle.

We are excited about our first Grant Award and want to express our deepest appreciation to SWIFT CHARITIES for \$2,000 to go toward this vehicle purchase.



### DEC RUMMAGE SALE

Our next fundraiser is coming up. With the cooling weather this is a great time to clean out those closets, garages, and storage units and donate them for our upcoming rummage sale.

### WANTED – YOUR GENTLY USED ITEMS

**Saturday, November 13, 2010  
6am-2pm**

**Faith Bible Church  
17230 N. 59th  
Glendale, AZ 85308**

**Please call for further information, to volunteer,  
or to donate items to the cause.**

**DEC Office 623-328-7129  
Program 602-314-4214**

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